

**ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION
OF CHRONIC DISEASE
DRAFT MINUTES
APRIL 17, 2014
1:00 p.m.**

The Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease held a public meeting on 4/17/2014, beginning at 1:00 p.m. at the following locations:

Division of Public and Behavioral Health
4150 Technology Way, Room 303
Carson City, NV 89706

Nevada Early Interventions Services
2667 Enterprise Road
Reno, NV 89512

Bureau of Health Care Quality & Compliance
4220 South Maryland Parkway
Building D, Suite 810
Las Vegas, NV 89119

AT&T Conferencing
Dial-In Toll Free Number 1-877-848-7030

BOARD MEMBERS PRESENT

Senator Joseph P. Hardy, MD
Assemblyman Andy Eisen, MD
André DeLeón
Dr. Christina Demopoulos
Gerald Dermid
Jacque Ewing-Taylor, Ph.D.
Dr. James Greenwald
Jack Kim
Thomas McCoy
Jeffery Muehleisen

BOARD MEMBERS NOT PRESENT

Virginia Beck
Dr. Tracey Green
Marci Schmiede

DIVISION OF PUBLIC AND BEHAVIORAL HEALTH STAFF PRESENT

Christine Mackie, Chief, Bureau of Child, Family and Community Wellness (BCFCW)
Mónica Morales, Section Manager, Chronic Disease Prevention and Health Promotion (CDPHP) Section, BCFCW
Christine Pool, Health Program Specialist 2, Women's Health Connection (WHC) Program, CDPHP, BCFCW
Eliane Fuentes, Community Health Worker (CHW) Coordinator, CDPHP, BCFCW
Jessica Lamb, Obesity Prevention Program Coordinator, CDPHP, BCFCW
Marjorie Franzen-Weiss, Diabetes & Heart Disease Prevention and Control Program Coordinator, CDPHP, BCFCW
Ellen Hall, Administrative Assistant 3, CDPHP, BCFCW
Kelly Morning, Intern, CDPHP, BCFCW
Sherry Liao, Community Health Worker (CHW) Evaluation Intern, CDPHP, BCFCW

OTHER PRESENT

Ben Schmauss, American Heart Association (AHA)

Deborah Williams, Southern Nevada Health District (SNHD)

Dr. Greenwald, as moderator, called the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease meeting to order at 1:07 p.m. Mr. Greenwald indicated the meeting was properly posted at the locations listed on the agenda in accordance with the Nevada Open Meeting Law.

1. Roll Call

Roll call was taken and it was determined that a quorum of the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease was present.

2. Vote on minutes from the January 30, 2014 meeting

Dr. Greenwald asked if there were any changes to the draft minutes from the January 30, 2014 meeting. There were none.

DR. GREENWALD ENTERTAINED A MOTION TO APPROVE THE MINUTES. A MOTION TO APPROVE WAS MADE BY THOMAS MCCOY. JACQUE EWING-TAYLOR SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT PUBLIC COMMENT.

3. Staff Reports

a. Chronic Disease Prevention and Health Promotion (CDPHP) Section Staff Report

Jessica Lamb provided a written report outlining the Chronic Disease Prevention and Health Promotion (CDPHP) section's staffing changes, programming, funding and upcoming conferences. If there are any questions, please contact her, Mónica Morales, CDPHP Section Manager or Melanie Flores, CDPHP Wellness Manager. For more details, see Exhibit 3A

b. Oral Health Program (OHP) Presentation

Dr. Christina Demopoulos presented an update on the State of Nevada's Oral Health Program (OHP). This program is funded by the Centers for Disease Control and Prevention (CDC) where approximately 20 states receive funding every year to build infrastructure. Until recently however, Nevada did not receive additional funding to continue the OHP. Dr. Demopoulos did share that they received a *No-Cost Extension* which provides funding the Nevada State Dental Director position and Advisory Committee on the State Program for Oral Health (AC4OH) activities through June 30, 2015. Dr. Demopoulos is working with Deborah Aquino, Title V/Maternal and Child Health (MCH) Program Manager, to secure additional funding for the vacant Oral Health Program Manager position within the Bureau of Child, Family and Community Wellness (BCFCW) part of the Division of Public and Behavioral Health (DPBH).

The Nevada State OHP's mission is to improve oral health through education and prevention. For more information, please visit the website at http://health.nv.gov/cc_oralhealth.htm.

The Oral Health Program's goal is to reduce the burden of oral disease with the following strategies:

- Increasing the use of data resources to inform program decisions
- Increasing school-based/school-linked dental sealant programs
- Maintaining quality control and management of fluoridated water systems
- Increasing oral health education/awareness through collaborative relationships

Dr. Demopoulos stated that the Oral Health Program is encouraging providers to standardize the way they collect data. This will allow Nevada to provide comparisons of data sets to national benchmarks such as Healthy People 2020 (HP2020) and their oral health objectives. One such standardized data collection tool the Oral Health Program initiates in Nevada is the Basic Screening Survey (BSS). A 3rd Grade BSS was conducted in 2008-2009 and a Head Start BSS was conducted in 2011-2012. According to the most recent BSS and comparing it to HP2020, Nevada's Head Start children had less untreated decay; however, in comparing Caries Experience, Nevada was higher than the national average. The 2011-2012 Head Start BSS was the first year BMI was collected during the assessment. Within the confines of this study, there were no statistical differences between BMI-for-age and the oral health indicators assessed. There was some statistical association between racial/ethnic groups and BMI-for-age where American Indian/Alaska Natives (26%) and American Indian/Alaska Natives (36%) were considered overweight or obese. For more information on the Oral Health Program publications, you can go to http://health.nv.gov/CC_OralHealth.htm.

The Senior/Disability (SRX/DRX) Program provides prescription subsidies to low income (up to approximately 240% of Federal Poverty Level) Nevada seniors and Nevadans with verifiable disabilities. Beginning 3/1/2013, members who had no other dental insurance coverage were offered an opportunity to apply for dental coverage through SRX/DRX. Budget authority for the pilot program has been granted through 6/30/2015 through Funds for Health Nevada. Currently, the pilot program provides a base benefit of up to \$1,000 per calendar year for approximately 1,100 individuals. The plan benefit, administered by Ameritas with a negotiated 100-80-50 benefit structure, covers preventive care at 100%; fillings and other routine work, denture adjustments, etc., at 80%; and new dentures or major dental work at 50%. Eligible applicants are enrolled on a first-come/first-serve basis. A reserve fund was recently established to provide up to \$500 in additional benefit for approximately 300 dental members per fiscal year, to assist with their out-of-pocket costs related to dental care and oral health. This co-pay assistance benefit is also administered by Ameritas, but with a 100-100-100 benefit structure (i.e., all eligible procedures are covered at 100% until the benefit is exhausted). As of 5/5/2014, there is awaiting list of an additional 69 qualified applicants for the Dental Assistance Pilot Program, and we continue to receive new applications for this benefit.

The Oral Health Program is aware of three school-based dental sealant programs serving Nevada; they are the Community Health Alliance in Reno, Future Smiles in Las Vegas and the University of Nevada, Las Vegas (UNLV) School of Dental Medicine/Seal Nevada South. From July 1, 2012 through June 30, 2013, data collected showed 52% percentage of children served had untreated decay, 13% of children had urgent care needs and 2,560 children received a fluoride varnish application. The majority of the children who received preventive services were from underserved populations.

Dr. Demopoulos said the Nevada State Board of Health is charged with adopting regulations per Nevada Revised Statute (NRS) 445A.055 requiring fluoridation of all water delivered for human consumption in a county whose population is 400,000 or more. Presently, only Clark County is required to have fluoridated water and they have three optimally fluoridated water system. Dr. Demopoulos suggested if Washoe County were mandated to have CWF systems then Nevada would reach the Healthy People 2020 objective.

Other evidence-based strategies currently in practice in promoting oral health in Nevada are:

- Oral Health Literacy Campaigns
- Get it Done by Age 1
- Pediatrician Training on Oral Health Screening and fluoride varnish application
- Prevent Abuse and Neglect Through Dental Awareness (PANDA) training for oral healthcare providers
- Early Childhood Caries (ECC) education

Mr. McCoy inquired about the influence of tobacco on oral health and what is the best timeframe for the prevention of children's tooth decay. Dr. Demopoulos responded with untreated caries. The Oral Health Program does integrate tobacco prevention education as well as nutrition and access to care.

Dr. Demopoulos thanked everyone for the opportunity to talk about the Oral Health Program. There were no additional questions. For more details, see Exhibit 3B

4. CWCD Business

a. Review NRS 439.518 (2) § a-k, inclusive and current membership to assess designations of Council members

Ms. Lamb asked Council members to clarify which specific appointment per Nevada Revised Statutes, Chapter 439.518 (2) § a through k, best describe their current membership appointment. A matrix was used to identify known and unknown vacancies. Mónica Morales asked members to ensure that their contact information was correct.

b. Make recommendations to the Division Administrator to fill known vacancies

Ms. Lamb announced a vacancy of "one representative of a local health authority," per NRS 439.518 (2) § j, had two candidates: Deborah M. Williams, Manager of the Office of Chronic Disease Prevention & Health Promotion at the Southern Nevada Health District and Kelli

Goatley-Seals, Health Educator II with Washoe County Health District (WCHD). Both candidates submitted a letter of interest and resume for Council discussion and to make recommendation to the Division Administrator for appointment.

Ms. Williams said she would be in full support of either herself or Ms. Seals fulfilling the role. She shared that the Southern Nevada Health District designated her as a nominee to support the Council's work and obviously we would be very interested in seeing that local health department position rotated through various local health districts. Ms. Ewing-Taylor voiced her concern that it was inappropriate in the interest of fairness to allow Ms. Williams to make a statement since Ms. Seals was not present. Assemblyman Andy Eisen asked who previously held this position.

Ms. Lamb responded that the position was added to statute in the 2013 Legislative Session per Assembly Bill 158 and has been vacant since July 1, 2013.

Discussion arose suggesting that the Council adopt guidelines for consideration of nominees for future vacancies to ensure fairness. Assemblyman Eisen added that nothing prohibits unselected candidates from attending future meetings and contributing their comments during the public comment periods but they would not have a vote.

DR. GREENWALD MADE A MOTION TO SELECT DEBORAH WILLIAMS TO FILL THE VACANT LOCAL HEALTH AUTHORITY POSITION ON THE COUNCIL PENDING APPROVAL BY THE DIVISION ADMINISTRATOR. DR. DEMOPOULOS SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT FURTHER PUBLIC COMMENT.

For more details, see Exhibit 4A

c. Selection of CWCD Chair and Vice Chair per 439.519 (sections 1 – 2)

Dr. Greenwald opened discussion for Chair nominations. Ms. Lamb explained that the Chair of the Council moderates the meeting and provides direction and leadership. The Vice Chair will assist in these duties and in the event the Chair is absent will take over the moderator role.

DR. GREENWALD MADE A MOTION TO NOMINATE MR. THOMAS MCCOY TO BE CHAIR OF THE ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE. MS. EWING-TAYLOR SECONDED THE MOTION.

ASSEMBLYMAN EISEN MADE A MOTION TO CLOSE THE NOMINATIONS FOR CHAIR. MR. DELEÓN SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT FURTHER PUBLIC COMMENT.

THE MOTION TO SELECT MR. THOMAS MCCOY TO BE CHAIR WAS SUBSEQUENTLY PASSED UNANIMOUSLY WITHOUT FURTHER PUBLIC COMMENT.

Dr. Greenwald opened discussion for Vice Chair nominations. Jeffery Muehleisen said he would be interested in serving as Vice Chair; however, being a teacher, the 1:00 p.m. meeting time makes it difficult to participate in person. Assemblyman Eisen said meeting times are non-statutory and can be set differently if the majority of the Council agrees. Further discussion indicated that past meetings times relied upon the ability to meet quorum requirements.

DR. GREENWALD ENTERTAINED A MOTION TO NOMINATE A VICE CHAIR. A MOTION TO NOMINATE MR. JEFFERY MUEHLEISEN APPROVE WAS MADE BY HIMSELF, JEFFERY MUEHLEISEN. MR. MCCOY SECONDED THE MOTION WHICH PASSED UNANIMOUSLY WITHOUT FURTHER PUBLIC COMMENT.

Ms. Lamb noted that at the next meeting in August, members will discuss future vacancies due to terms ending.

5. LATINO HEALTH ASSESSMENT UPDATE

Sherry Liao discussed the Latino Health Assessment developed for the Community Health Worker (CHW) program. Nevada presents unique challenges in providing access to health care for the 27% Hispanic population. These challenges include a lack of rural providers, mistrust, lower educational attainment, the difficulty in navigating the health care system and immigration status. There is a need for cultural-competence and language-specific health care and health resources. Data collected from July 2013 through November 2013 with a 76 question survey addressing health disparities faced by Latinos. The data indicated only about one in four respondents had health care coverage of any kind. According to Nevada's Behavioral Risk Factor Surveillance System (BRFSS), high cholesterol affects 33.1% and hypertension affects 21.2% of Nevada's Hispanic population. Ms. Liao said cost barriers were the overall theme as well as physical health versus mental health issues being prevalent among this population. Ms. Liao provided an exhibit on the Health Needs Assessment for the Latino Population of Nevada. For more details, see Exhibit 5

6. NEVADA WELLNESS WEBSITE UPDATES

Jessica Lamb shared that there has been progress in the creation of a Nevada Wellness website marketing plan including reaching out to partners in the HIV Prevention, Ryan White Care Act Programs, and the Special Supplemental Nutrition Program for Women, Infants and Children (WIC). Also she is working to identify possible partnerships with the Public Employees' Benefits Program (PEBP). Finally, there is development of evaluation components to see how many visitors access the website on a monthly basis.

7. PREVENTATIVE HEALTH AND HEALTH SERVICES (PHHS) GRANT UPATE

Jessica Lamb advised that the PHHS grant funding might increase, however she had not yet received the Notice of Grant Award from the Centers for Disease Control and Prevention (CDC). Since the Council oversees this funding per grant requirements, the Council will need to hold a public hearing prior to the June 9, 2014 deadline to review the budget and work plan for submission to the CDC.

This funding is expected to come in the fourth quarter of fiscal year 2014. Ms. Lamb shared that that she does not anticipate any drastic change in the work plan or program objectives, just an expansion of services. Ms. Morales stressed that the Division cannot receive the expanded PHHS funds until the Council meets, reviews and approves all the relevant materials.

Mr. DeLeón asked about how many nurses the PHHS grant funds. Ms. Lamb responded that there are 14 PHHS nurses and they serve every county except Clark, Washoe, Carson City and Douglas.

8. PRESENTATION ON BODY MASS INDEX (BMI) COLLECTION IN SCHOOLS

Ms. Lamb highlighted current outreach efforts and presented trend data noting a partnership with the Office of Public Health Informatics and Epidemiology (OPHIE) to determine the sample sizes needed for accurate county-specific burden reports. In addition, Council members were encouraged to join the Community Workgroup to evaluate needs and next steps with other community members and stakeholders in relation to BMI data collection. For more details, see Exhibit 8

9. PREVENTION & TREATMENT OF STROKE AND HEART DISEASE UPDATE

Marjorie Franzen-Weiss shared that the Sunset Subcommittee of the Legislative Commission voted to recommend the termination of the Advisory Committee for the Prevention and Treatment of Heart and Stroke Disease and that the duties be transferred to the Advisory Council on the State Program for Wellness and the Prevention of Chronic. It was also the recommendation of the Division of Public and Behavioral Health to move forward with a Stroke and Heart Community Workgroup to continue work on clinical services, gap assessment and statewide strategic plan. The Council was invited to participate at the next Workgroup meeting scheduled May 28, 2014 at 11:30 a.m. Ms. Lamb advised the Council that updates will be provided as a standing agenda item or on an as need basis.

Ms. Franzen-Weiss provided exhibits on Cardiovascular Disease (CVD) Prevention and Control Program and a draft Diabetes Self-Management survey questionnaire. For more details, see Exhibit 9

10. DISCUSS AND RECOMMEND AGENDA ITEMS FOR AUGUST 14, 2014 MEETING

The following agenda items were recommended for the August 14, 2014 meeting:

- Amend Bylaws to reflect statutory revisions effective July 1, 2013, (For more details, see Bylaws Exhibit 10)
- Cancer Program presentations
- Tobacco Control and Prevention Program presentation

11. PUBLIC COMMENT

Mr. Schmauss recommended Donnell Barton from the Nevada Department of Agriculture (NDA) be invited and asked to present on the Statewide Local School Wellness Policy

revisions because he felt it falls under the scope of the Council and that they should be aware of changes in relations to the Healthy, Hunger-Free Kids Act of 2010.

12. ADJOURNMENT

The meeting adjourned at **3:50 p.m.**